

South Wedge Food Program Donations Needed

68 Ashland St. (corner of Averill)

General food items

Canned meat and fish, canned fruit and vegetables, peanut butter, instant potatoes (1 lb box). Canned beans (kidney, black, pinto, baked, etc.). Cereal, soup (condensed and ready to serve), rice (2 lb bags or smaller), flour and sugar (5 lb. bags or less), spaghetti sauce, canned tomato products, pasta, raisins and other dried fruit, condiments and seasonings (ketchup, mustard, relish, mayonnaise, salad dressings, oil pepper, salt seasonings). Baking and snack items (cake / brownie mix, cookie mix, frosting, crackers, cookies, chips etc.), pancake mix, shelf-stable milk / soy, cashew, or almond milk quarts. Apple sauce, sugar-free items, and easy to prepare meal items (like mac and cheese, etc.)

Personal items

Deodorant , individually wrapped bar soap, pump bottles of liquid hand soap, small bottles of dish soap, toothbrushes, toothpaste (preferably 3 oz or smaller), shampoo and conditioner, razors, Band-Aids, sanitary napkins, tampons, individually wrapped rolls of toilet paper.

Baby items

Diapers, wipes, formula, baby food, other small baby items

Pets

Canned and dry dog and cat food. Dog and cat treats.

Seasonal needs for holiday baskets (Thanksgiving and Christmas)

Canned yams or sweet potatoes, boxed stuffing, gravy, cake and brownie mixes, frosting, juice, Jell-O, butter, frozen pies, cranberry sauce (whole or jelled). Canned fruit, canned corn, canned Green beans. Coffee, tea, hot chocolate. Cereal, pancake mix, syrup, milk.